

## POST-RACE FESTIVITIES

Finish line festivities will include live music at Hazel Ruby McQuain Park. Finish line food and refreshments will be near the stage of the outdoor amphitheater. This also will be the location of the award ceremony, which will start at noon. We hope you join the finish line Trail Mix party to celebrate your race accomplishment and National Trails Day.

## MON RIVER TRAILS CONSERVANCY



MRTC is a non-profit 501c3 volunteer organization founded in 1991 to develop and manage the Mon River and Deckers Creek Rail-Trails.

This 48-mile linear of the Mon River/ Caperton/ Deckers Creek Rail-Trail System are complete and maintained for non-motorized use, primarily walking, cycling, running, and cross-country skiing with a smooth, durable surface. Our goal is to maintain the trails to the highest standards possible. Your funds help make this possible.

Make it happen...  
support MRTC and the Rail-Trail!  
Learn more at [www.montrails.org](http://www.montrails.org)



The Up 'n' Down Deckers Creek Trail Half-Marathon is part of the Morgantown Area Grand Prix Series.

**VISIT  
MOUNTAINEER  
COUNTRY.COM**

**Trail maps** are available at: The Greater Morgantown CVB, 341 Chaplin Road First Floor, Morgantown, WV 26501  
1-800-458-7373

## A GREENER RACE DAY

MRTC will be recycling and helping manage waste from the Deckers Creek Trail Half Marathon to make the race more environmentally friendly. MRTC will accept donations of old race shirts and other clothes, including old running shoes (please bring clean ones). Usable clothes and shoes, will be donated, to be used again. Unusable clothing and shoes will be given to companies that can make them into a new product.

This year's race shirts are 100% Recycled and Made in the USA. The Royal Apparel hybrid shirts are made of 50% recycled cotton fiber and 50% recycled polyester.

## UP 'n' DOWN DECKERS CREEK TRAIL HALF-MARATHON

*A Fund Raising Event - All proceeds will be used to help maintain the Rail-Trail!*

**Saturday, June 4, 2022**  
8:00AM & 8:15AM



*The Up the Creek Special Edition  
Morgantown, WV*

## CELEBRATE NATIONAL TRAILS DAY!



[www.montrails.org](http://www.montrails.org)  
Please join our group on Facebook--  
Deckers Creek Trail Half Marathon  
Twitter-- @monrailtrails

## THE COURSE

An up and back course this year for the Deckers Creek Trail Half-Marathon has the event renamed the Up 'n' Down Deckers Creek Trail Half-Marathon. This race has a two-surface course, providing a challenging, yet enjoyable experience for runners. The trail surface will be on paved asphalt (5 miles) and compacted limestone (8.1 miles). The half-marathon will begin and end at Hazel Ruby McQuain Park in Morgantown, WV. The turn-around point will be just before Little Greer limestone plant and after the Pixler Hill / Rhinewood Lane road crossing. There will be seven water stops along the way. At five water stops there will be both water and lemon-lime Gatorade.

## THE AWARDS

Finishers will receive a race-unique finisher's medal.

Custom awards are presented to:

- Overall open class 1st thru 5th male
- Overall open class 1st thru 5th female
- Top three male finishes in each age group: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- Top three female finishes in each age group: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+
- Caboose Award

The Awards Ceremony will begin at Noon at the Hazel Ruby McQuain Park outdoor amphitheater.

## TWO TIMING METHODS

Gun time – the time it takes you to finish the race based on when the start gun is fired for the first wave start.

Chip time – the time it takes you to finish the race based on when you cross the start line.

Results for the Open (Overall) Division Awards (Top 5 male and female finishers) will be based on gun time. **You must be in the First Wave to be eligible for the Overall open class award.** For all other awards, age groups and caboose, the results will be based on chip time.



**The Up 'n' Deckers Creek Trail Half-Marathon is co-sponsored by the City of Morgantown**

## ENTRY

Participants must submit a completed registration form and pay a registration fee for qualification.

**Fees are non-refundable.  
NO RACE DAY REGISTRATION.**

\$50 before March 1; \$55 before April 1; \$60 before May 1; \$65 May 1-31. Registration must be received by May 31, 2022 or before 500 spots are filled. Limited to 500 participants.

## RACE-DAY CHECK IN

Check-in from 7:00-7:50AM at parking lot of Hazel Ruby McQuain Park in Morgantown, WV.

## Two Race Starts: 8:00AM and 8:15AM

Your start time will be posted 3 days prior to the race at [www.montrails.org](http://www.montrails.org)

**You are responsible for knowing your start time.**

## TIMING AND RESULTS

**CHIP TIMING RESULTS** by Tri-StateRacer.com!

Course support and race timing will close at 12PM. The display clock at the finish will reflect the 8:30 start. A complete list of individual gun times, chip times and places will be posted at the finish and live on [TriStateRacer.com](http://TriStateRacer.com) throughout the race. The overall male and female finishers will be awarded based on 8:30 start wave gun times (first across the finish line wins!). All Age Group awards will be based on Chip times. Photographs, post-race review and results will be posted on [iPlayOutside.com](http://iPlayOutside.com).

## REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on 6/4/2022 \_\_\_\_\_

Estimated finish time \_\_\_\_\_

Check here if you would like to run with someone (you will be in the 8:15 AM start). [  ]

T-shirt size: XS\_\_ S\_\_ M\_\_ L\_\_ XL\_\_ XXL\_\_

How did you hear about this event? \_\_\_\_\_

Are you staying at a hotel for this event? \_\_\_\_\_

Check \_\_\_\_\_ Money Order \_\_\_\_\_

In consideration of your acceptance of my application for entrance in the Deckers Creek Trail Half-Marathon, I, for myself and anyone entitled to act on my behalf, waive and release the MRTC, TSR Timing Group, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this events. I also release the use of any photographs that may include me.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian, if under 18 \_\_\_\_\_ Date \_\_\_\_\_

Mon River Trails Conservancy

PO Box 282

Morgantown, WV 26507

For more info, Ella Belling at [ella@montrails.org](mailto:ella@montrails.org), 304-692-6782, or visit [www.montrails.org](http://www.montrails.org)